

	Monday	Tuesday	Wednesday	Thursday
Breakfast		1 Fruit, yogurt, granola, oatmeal, bagels, milk	2 Fruit, yogurt, granola, oatmeal, bagels, milk	3 Fruit, yogurt, granola, oatmeal, bagels, milk
LUNCH		Black Beans and Rice Fresh salsa and Tortillas Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water	Chick Pea and Potato Curry Raita Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water	Chicken and Biscuits Veggies and Biscuits Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water
SPECIAL INFO				
Breakfast	7 Fruit, yogurt, granola, oatmeal, bagels, milk	8 Fruit, yogurt, granola, oatmeal, bagels, milk	9 Fruit, yogurt, granola, oatmeal, bagels, milk	10 Fruit, yogurt, granola, oatmeal, bagels, milk
LUNCH	Buffalo Chicken Wraps Black Bean Wraps Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water	PIZZA FROM PUDGIES TOSSED SALAD Fresh Fruit Milk/Chocolate Milk/Juice	BREAKFAST? OR BAKED ZITI Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water	Spaghetti with Meat or Tomato Sauce Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water
SPECIAL INFO	Clear out of WCB by 1:00 PM INTENSIVES WEEK	INTENSIVES WEEK	INTENSIVES WEEK	INTENSIVES WEEK
Breakfast	14 Fruit, yogurt, granola, oatmeal, bagels, milk	15 Fruit, yogurt, granola, oatmeal, bagels, milk	16 Fruit, yogurt, granola, oatmeal, bagels, milk	17 Fruit, yogurt, granola, oatmeal, bagels, milk
LUNCH	Pad Thai-Chicken Pad Thai Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water	Chicken or Vegetable Curry Rice Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water	Burgers/Veggie Burgers Fries Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water	Egg Rolls and Duck sauce Fried Rice Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water
SPECIAL INFO	FIRST DAY OF 2ND QUARTER			
Breakfast	21 Fruit, yogurt, granola, oatmeal, bagels, milk	22 Fruit, yogurt, granola, oatmeal, bagels, milk	23 NO SCHOOL	24 THANKSGIVING NO SCHOOL
LUNCH	Lasagna Garlic Bread Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water	Harvest Lunch Roast Turkey/Stuffed Squash Mashed Potatoes & Gravy Roasted Root Vegetables Green Vegetable Fruit Crisp Milk/Chocolate Milk/Water		
SPECIAL INFO				STAFF HOLIDAY
	28	29	30	

Breakfast	Fruit, yogurt, granola, oatmeal, bagels, milk	Fruit, yogurt, granola, oatmeal, bagels, milk	Fruit, yogurt, granola, oatmeal, bagels, milk	
LUNCH	<p>Mac and Cheese (Lots of cheese) Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water</p>	<p>Buffalo Chicken Sandwich Buffalo Veggie Sandwich Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water</p>	<p>Chicken Parmesan Pasta Veggie Parmesan Pasta Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water</p>	
SPECIAL INFO				

Friday

4

Fruit, yogurt, granola, oatmeal, bagels, milk

Pizza

Pepperoni, Meat, Cheese, and Veggie

Seasonal Vegetable

Soup of the day

Salad Bar

Fresh Fruit

Milk/Chocolate Milk/Water

END FIRST QUARTER

11

VETERANS DAY

NO SCHOOL

STAFF HOLIDAY

18

Fruit, yogurt, granola, oatmeal, bagels, milk

Pizza

Pepperoni, Meat, Cheese, and Veggie

Seasonal Vegetable

Soup of the day

Salad Bar

Fresh Fruit

Milk/Chocolate Milk/Water

25

NO SCHOOL

